



GWRRRA SOUTH CENTRAL LA-M



February 2011

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LISA FLETCHER CORDINATOR

CHAPTER M MEMBERS ARE THE
COMMITTEE

CHAPTER COUPLE OF YEAR 2011

RICHARD & SUSIE DAVIS

WEBMASTER

JOAN & ROBERT PARTIGIANONI

REGION H



www.chapterlam.com

CHAPTER DIRECTORS

Hello Mudbugs!!

What a month we have had!! From the first Chapter Gathering till now, it has been a full month . The Chili Dump was a success, some went to Wendy's, some made it from scratch but it all worked out to a great bowl of Chili and warm fellowship!! Great fire side stories were told by the fire. And we had birthday cake!! Thanks for a great night.

The Team Meeting in Lafayette was one filled with laughs and was very informative. Thank you District Team!!

The place and date of our Rally has been confirmed and it is May 7 the work is already begun on it. Looking for your help in the months ahead for the rally.

Pizza night was a blast 4 bikes and 14 Mudbugs on hand. We will be returning there again soon.

Wingless weekend will be Feb. 18 and 19 let's all go and fellowship with the other chapters and WIN BACK THAT CHAPTER TROPHY!! No telling what kind of games they will have this year. Rumor has it will be modeled after Minute to Win It TV show. But I know we will be victorious.

Robert and Joan has accepted the position of Membership Enhancement Team Representative for the Ham Radio SIG. Chapter M is proud of them keep up the good work!!

T Clocks? Some one said T Clocks time to look at your bike and check it all out and be ready to ride when the weather breaks!!

Take Care

La-M Chapter Directors
Mickey and Mary Searels

Motorcycle PPE Checklist



HELMETS – DOT Approved half, 3/4, full-face;
EYE PROTECTION – Goggles, face shield, safety glasses;
GLOVES – Full fingered or motorcycle mittens;
SHOES – Leather boots or over the ankle shoes;
APPAREL – Long sleeve shirt or jacket, long trousers;
DAYTIME – Bright upper body garment;
NIGHT-TIME – Retro-reflective material on upper body.

ASSISTANT CHAPTER EDUCATORS



SANDY & TOMMY
WOODS

Proper You

This month I thought I'd write a little bit about what Rider Education calls the Proper You. With this years Mudbug Rides coming up, there's no better time than now to remind you of the little things that may make a difference in how much fun you can have on your motorcycle and how you can make that time safer. We are all obviously getting older, and there are several things we need to pay attention to.

For instance, did you get enough sleep last night before your ride? A number of us are having problems with something called sleep apnea, which causes us to have trouble staying awake during the day. Basically, we're not sleeping well because we aren't getting enough oxygen due to snoring etc. There are several ways sleep apnea can be stopped or helped, CPAP breathing machines, loosing weight, dental devices, etc. All are designed to allow more oxygen into your system so that you can sleep better. If you're having trouble paying at-

The next thing on the list would be one of society's fabulous little helpers, drugs. What kind of drugs are you taking? Do they make you sleepy, do they cause you discomfort, do you have to take them at a very specific time in order for them to work properly? All of these things can affect how you ride and how safely you ride. If you start a new drug it would be best not to ride or drive for a couple days until you see how the drug affects you. It might make you sleepy or cause your mind to wander. Either of these things might cause you to have trouble paying

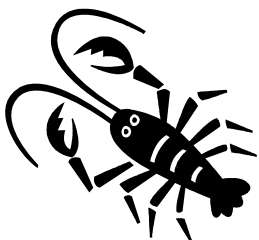
Do you have the proper clothing for the conditions you will be riding in? If it's cold or hot and you are uncomfortable because of the temperature, there's a good chance that you aren't paying the kind of attention to your riding that you should. It would be too bad if, your lack of concentration due to the discomfort, caused you not to notice a child running toward the road which then causes the driver in front of you to slam on their brakes. Anything that takes your attention from the road becomes an additional hazard and is something you should avoid

I hope that everyone has a safe and enjoyable remainder of the month and that you get where you're going with as much fun and as little hassle as possible

Be Smart. Ride Safe

Tommy and Sandy Woods

Assistant Chapter Educators, LA-M





DISTRICT DIRECTORS



BRENT & ROXIE COMEAUX



HELLO GOLDWINGERS!

Roxie and I wish to thank all of you who attended this past Louisiana District Business meeting in Lafayette on Jan 22. The meeting was a huge success with over 80 in attendance. We thanked outgoing officers and welcomed new.

We did a lot of paperwork! All in attendance updated their OCP (Officer Certification Program). The most noted update is that District & Chapter Treasurers & Membership Enhancement Directors are now officers. They are now required to sign a MOU (Memorandum of Understanding) since they review membership information. No, they are not required to attend an OCP.

WINGLESS WEEKEND IS NEXT!

WHERE? Alexandria National Guard Armory, 5500 Hwy 28

When? Friday Night Social w/Gumbo: Feb 18th, 6-8pm
Saturday Event, Chapter Fun & Food: Feb 19th, 8a - 2p

Wingless is your Louisiana District's membership appreciation day and it is free to current members. Join us for some of the most fun you can have with your friends. Take home money & prizes. Good luck to your Chapter winning the Chapter Cup competition! Six members of your Chapter play District selected fun games against the other Chapters. Only one of you takes home the Chapter Cup 2011!

Be Safe!

DISTRICT EDUCATORS

Louisiana District Educator

February 2011

Mike/Pam and Bo Jastram

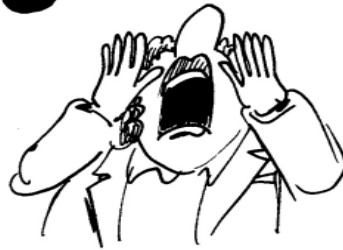
wingitmike@aol.com



Mike & Pam Jastram



Volunteers!



HELP WANTED

GWRRA is a great organization with many good members. Our motorcycles run on gasoline. GWRRA runs on people. Without members volunteering to help the chapters, the districts, and the regions, this organization would not exist. Members, you should be going to your leaders and volunteering to help out. The next time you see your c/d, if you are already not volunteering, ask your c/d what he needs you to do. If you don't want to take a task on by yourself, find another member to work with. If every member does a little, it will make it more fun and easier to find others to volunteer.

I know I have met most of my motorcycle friends because of GWRRA. I know I have so much more motorcycle fun because of GWRRA. Volunteers make it work.

Every member helps make what his/her chapter is. Good, bad, or somewhere in between.



BY THE BOOK

Steve & Carolyn Cotton

Sand Springs, OK

(918) 245-7111



Gold Wing Road Riders Association



Leadership
Training
Division



The “By the Book” articles are intended to help familiarize Volunteer Leaders and GWRRA members with the policies, procedures, and information contained in the [GWRRA Officer’s Handbook](#) (OHB). A copy of the Officer’s Handbook can be found at www.gwrro.org - Click on the Officer Connection tab at the bottom of the page; then select Officer’s Handbook in the upper right hand corner. Please feel free to reprint these articles in Region, District, or Chapter newsletters

Thanks to Dale Wingrove (former Region H Trainer) for the inspiration to write this month’s article based on ideas he wrote in April 2007. Revisions have been made to keep it current.

Web Pages

The computer age is here! And, along with that comes access to the Internet. How many times each day do people use their computer and the Internet? And even more recently, “smart phones” can access things that are available on the Internet as well as your e-mail. As a result, many people now receive their GWRRA Chapter news from the Internet pages. For those people in your Chapter that still do not have Internet access, you can always print off a few paper copies to provide them at your next Chapter Gathering.

This month’s article will be **Web Pages**, and can be found on page D-8 of the Officer’s Handbook (OHB).

Naturally our GWRRA web pages have seen a progression through the years by using the Internet to post our Chapter, District, Region, and National newsletters. This is a tremendous cost-saving measure. I remember back when my home District would publish a “newspaper” style of newsletter for the entire District, and each Chapter that wanted to submit any articles would be included. It was printed on newsprint and mailed to each of our Members. This was very nice, because you could read about each Chapter’s activities in one publication. However, it was not only a cost to the District for printing, but it took time to assemble the information from each chapter to include their information in the newsletter, as well as time to attach the address labels for mailing (not to mention the cost of mailing – even under the bulk rate).

Today, most Chapters, Districts and Regions develop web sites to share information regarding their Membership, Rider Education articles, various Member activities and calendars, announcements, tech tips, pictures, etc. This form of communication is the most common method today, and anyone worldwide with Internet has access to these sites. Therefore to represent GWRRA, it is recommended that these guidelines be used:

By The Book (Con't)

The GWRRA Logo, and the words "Gold Wing Road Riders Association" or the acronym, "GWRRA", should be included as a part of the web page.

The Region, District, and Chapter designations (plus city), will serve to identify the web page for those visiting the site. It may be helpful to appoint a specific person as Webmaster, as a point of contact for inquiries and questions.

A link to the GWRRA Home Page (<http://www.gwrro.org>) would be beneficial to those who may be surfing the web for information regarding Gold Wings and Valkyrie organizations.

We do not advertise or link to competitors. (Regarding links to competing Gold Wing organizations - it would seem common sense should prevail, and one could ask the question of whether a major automobile manufacturer would link itself to another major automobile manufacturer's home page?)

Some web pages identify Staff Members with direct e-mail links to each Staff Member. Many places have now gone to a generic e-mail instead of directly to that person's home e-mail (for example: director@statexyz.net), and that e-mail address can be passed on to their successors.

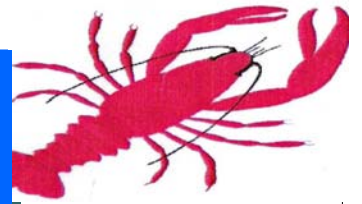
I feel that the use of the Internet and web pages is a step in the direction of progress, because now anyone with Internet access can read about your GWRRA activities, not just those people that we used to mail a copy to.

Learn Something New...Then Teach Someone!

Steve and Carolyn Cotton



February 2011



SUN	MON	TUE	WED	THU	FRI	SAT
		1				5
6	7	8	9	10	11	
13		15	16		18 WINGLESS WEEKEND	19 WINGLESS WEEKEND
20	21	22		24	25	26 OPEN
27	28					

SCHEDULE OF EVENTS

- February 2—Ground Hog Day
- February 4—Boiling of the Greens and Birthdays!!!! Hosted by BJ and Pops at BJ's House
- February 12—Chapter Gathering at Bailey's Café 335 Mahlon St. DeRidder, La eat at 8 am Gathering at 9 am
- February 14—Valentine's Day
- February 18 & 19 Wingless Weekend at Armory in Alexandria, Feb 18th 6 pm until 8 pm—Feb 19th 8 am until 2 pm
- February 26—Open TBA

February Birthdays

Theresa Lynn Thompson—3
Bena Polk—17
Cynthia Simpson—23

February Anniversaries

Jimmy and BJ Ashfield 14



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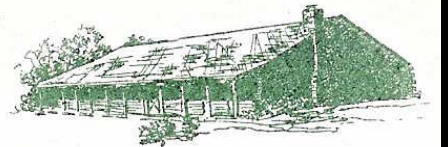
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CHAPTER "M"



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REGION H